

Health Care Issues

This is a reference work based on research by Darrell Farkas. The opinions expressed are not those of, or endorsed by, "Medical Doctors (MDs)". The directions stated in this work are in no way to be considered as a substitute for consultation with a legitimate and good physician.

The issue of health care is something no-one should wait until an emergency erupts to make decisions upon. It is my hope this study will help you make such before the need arises.

I have watched the medical community for many years. For some time now, I have had the sense that I was not looking at simply another group of professionals – some kind of health scientists. A sense of looking at some kind of religious priests is the impression I would get as I pondered on the allopaths of modern day America. Such a feeling kept bothering me. I knew that somehow, this feeling was not just a stupid mistaken notion. Little upon little I came to understand why I had this sense from that group.

After considering the many facets of this subject, I will be the first to say there are many answers that need further research and exploration. I do not claim to have all the answers. I simply hope to lay some important building blocks upon which further study can reliably build upon. One thing I will say is certain. We can not build on emotional excuses. As Christians, we must build from the viewpoint of Scripture. The following is a summary of my conclusion.

Western Health Care System

The time has come to take serious consideration of the state of medical treatment in our country.

There comes a time for us when we fear something is wrong with our health. Such fear sends us quickly to find the cause of the problem. The fear of something dangerous or fatal compels us to seek a physician and put our trust in his or her skills. We become absolutely dependent upon the judgment of this individual, or individuals. Such is a natural response.

Take a step back to the first century AD. The early Christians could not go to the hospitals because they were basically centers of idolatry. Medical practice was intimately connected to the pagan religions. For this reason, a Christian simply did not have the option of going to the hospital. They could have a God-fearing physician, such as was Luke, the writer of the gospel of Luke and Acts, but the hospitals were not an option for God-fearing Christians.

Witch Doctors

Western physicians use “witch doctors” as an object of the utmost derision. The mention of witch doctors, found in other cultures and parts of the world, brings to mind a man involved in the occult. One in contact with demonic spirits and who uses mumbo jumbo to fool his patients.

Witch doctors do have these aspects about them, but not all they do has spiritual connections. Many use extensive knowledge of local herbs. They do know legitimate, medical treatments. Since they do know some legitimate medicine, we cannot throw out all their practice as demonic. The truth that a certain herb brings benefits is of proper use for all. The occult connection, however, must be absolutely resisted.

Acupuncture and Reflexology

We see a similar occult connection in the use of acupuncture. Acupuncture actually uses needles that have been “blessed”. The practice has its roots,

and continued procedures, founded and running in a pagan religious system, that of Taoism. It is believed to run upon the Yin and Yang, which are deities of that system[†]. There are accounts of people who have become possessed through their seeking medical treatment by acupuncture. When they repented and renounced their involvement with acupuncture, they were set free from those demonic forces.

Acupuncture is not a benign medical practice. Reflexology, on the other hand, is not such a system. Though there are some who are involved in New Age practices, who are involved in reflexology, the medical practice does not have its roots and running gear in the occult. Reflexology works for the same reason acupuncture has some success. There are laws about our bodies that make us work in certain ways. Both systems make use of those scientific principals. Acupuncture takes those principals and connects them to a religion, making it off-limits for Christians. Reflexology, on the other hand, takes some of those principals and utilizes them in a sound medical method. There is not an attribution of practicing some spiritual action. No connection to an occult system.

Priests of Hermes

For a moment, I want you to remember back to Moses, who brought Israel out of Egypt. When God called him, he made special use of the staff Moses was carrying (Genesis ch. 3). It became known as the “Rod of God” (Exodus 4:20). He was to use that rod, or “staff”, as a direct symbol of the One he was representing.

We also saw the significance earlier in a less honorable way with the story of Judah and Tamar (Genesis 38). The staff was a symbol of the authority of the person to whom it belonged or represented.

Such has been historically seen with the staff of kings. The staff was a

symbol of the royalty itself.

Looking back to Moses, consider that Moses went with that staff as a representative of God. Such, who bears a staff of another, goes in one of two positions. One position is that he goes as a prophet/priest, as was Moses. He went as a prophet and priest of God. The other option is that he goes as an ambassador, as would be the case of someone representing a king. In Moses' case, he also went as an ambassador, since God is King as well. As far as an earthly king is concerned, such a messenger would go as an ambassador.

With that background on the significance of the staff or rod, we need to take a serious look at the American medical profession. Have you paid attention to the emblem that most doctors have somewhere in their business? It is that of a staff with wings and two snakes coiled around it. Some have assumed that symbol was the pole which Moses had the brazen serpent mounted on (Numbers 21:6-10). Sadly, that is not the case. The staff under consideration, is an ancient staff, called the "Staff of Hermes" or "Caduceus".

Hermes was one of the ancient Greek deities. He was the one who revealed secrets and the one who escorted the dead into the underworld.

Isn't it interesting the doctors are in the very position of fulfilling these two roles with their patients? We go to the doctor because we have some symptom. The doctor is to examine and reveal what that mystery of our health is.

The other role is that of the one who escorts you into death. It is the modern doctor who goes with us right down to that final rest of death. The Staff of Hermes is indeed a very appropriate symbol for the American medical services.

I said that those who bear the staff of another come as either a prophet or an ambassador. Consider that the fabled Hermes is not a king, he is an alleged god. One who would come with his staff would only come as a prophet/priest. Hence the modern allopathic physician is most likely a "Priest of Hermes". Now I say, "most likely." Not all allopathic doctors

will take the course of the "Priest of Hermes". There are exceptions, but lets move on.

Hippocratic Oath

Most modern American doctors also take the "Hippocratic oath". Pay attention to the beginning of that oath:

"Apollo Physician and Asclepius and Hygieia and Panacea and all the gods and goddesses, making them my witnesses, that I will fulfill according to my ability and judgment this oath and this covenant:..."

Both the original version and the modern revision start with this promise to the "gods" who are really devils. The list of deities are Greek deities. Such clearly included Hermes. Realize that doctors who are taking this oath, are also beginning their practices with a direct commitment on the spiritual level. Since they launch their practice with an appeal to the Greek gods, should it be any wonder they would actually be "Priests of Hermes" and bear his staff?

A comment needs to be made on the old version of the Hippocratic oath and the new. The old did at least make a commitment to value life and help the patient. The new revised version, takes a sick twist that reflects a change in direction. It reflects the commitment to the state and the willingness to take the life of a patient.

I need to quote just a few portions from the original form and compare it to the new modern version. From the original form we find the following:

Hippocratic Oath: Classical Version

... I will apply dietetic measures for the benefit of the sick according to my ability and judgment; I will keep them from harm and injustice...

... I will neither give a deadly drug to anybody who asked for it, nor will I make a suggestion to this effect. Similarly I will not give to a woman an abortive remedy. In purity and holiness I will guard my life and my art...

... Whatever houses I may visit, I will come for the benefit of the sick, remaining free of all intentional injustice, of all mischief and in

particular of sexual relations with both female and male persons, be they free or slaves...

I want you to pay special attention to some changes. Not only the additions, but also the omissions. (These are not exhaustive. For a complete study on this you will have to compare the complete versions of both vows.)

Hippocratic Oath: Modern Version

.... Most especially must I tread with care in matters of life and death. If it is given me to save a life, all thanks. But it may also be within my power to take a life; this awesome responsibility must be faced with great humbleness and awareness of my own frailty. Above all, I must not play at God...

... I will remember that I remain a member of society, with special obligations to all my fellow human beings, those sound of mind and body as well as the infirm...

These few comparisons could be the subject of books, but I will limit myself to note that the modern version speaks of "*special obligations to all my fellow human beings, those sound of mind and body as well as the infirm.*" Doesn't this ring loudly of the special, overriding, interests of the state? When the state is footing the bill, doesn't it want to consider the financial gain and loss investment of "the people's money?" Doesn't it see the elderly as a money loss and the young as a profitable investment? What does the wise financial side of duty dictate? Recommend the surgery or withhold the expensive procedure because such cost will not be financially rewarding for the bulk of society? As you may discern, this change in the oath is extremely poisonous.

Pharmakeia Has Spiritual Connections

Moving on to another concern of the Priests of Hermes, in the

early New Testament times, it was common for those involved in witchcraft to use drugs.

19 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,

Galatians 5:19-20

The Greek word translated “witchcraft,” in verse 20, is the word “pharmakeia,” does it sound familiar? It should. Its first meaning is “the use or administration of drugs.” Witchcraft has special connection to the use of drugs. The modern “allopathic” doctors are specialists in this very art. Ask most about an herb and they might inwardly chuckle at your naive faith in those simple, old-fashioned remedies.

The allopaths of today might very well be classified as pharmaceutical drug salesmen. The pharmaceutical manufacturing companies are the powers behind the modern American medical schools.

Doesn’t the connection to pharmakeia go naturally with Priests of Hermes? You see, the use of drugs for everything is a relatively new phenomenon. In the early 1800s, and before, the American physicians used a different form of treatment. They used herbs or maybe specific food elements such as iodine. Such are methods that do not result in mind altering effects. Just look at the issue of side effects of drugs as opposed to those of herbs. Also, it has been my experience that the proper use of the right herbs is a powerful treatment for illness.

Confidentiality and World-View Illness

An important change between the old Hippocratic oath and the new is in the area of confidentiality. Originally, a doctor vowed to maintain the privacy of his or her patient. With the change, a doctor has been turned into an agent of the state, working as its spy.

I remember their passing a law

in Montana, not too long ago, so a doctor is legally required to inquire of their patients as to whether they have a firearm in their home. An agent of the state? When the state has its list of firearm owners, it’s easy to collect them. Russia did a similar registration years ago. The next month, they sent men around to collect the guns. It was so easy, they had their list of who to visit. Think this won’t happen in the U.S.? Too late in Montana. The doctors are the agents of the government. The man or woman you hoped you could trust.

Consider the implications. The government has already started classifying views, opposed to their position, as illnesses.

Those who take the biblical view against sodomy have the “official” medical ailment of being “homophobic”. A medical illness name has been attached to a biblical world-view.

Those who take a stand, warning others of a false prophet, may easily be called “Islamophobic”. Interesting, another medical term, huh?

When someone is classified with an official medical illness, they come under the jurisdiction of government health care and public safety oversight. When it becomes the primary interest of the state, they will gather the list of those so diagnosed.

Who will, or should I say, “must” diagnose a disease? Priests of Hermes, who are under legal requirement to investigate patient views of such, and report for “necessary” immediate treatment. After all, you wouldn’t want the rest of society to become “infected”. First they might try intensive “correct thinking” courses, oh sorry, that’s “counseling sessions”. If that doesn’t work, there are always special hospitals where the proper pharmakeia can be used until opponents are no longer a threat to official state positions.

Just a warning, don’t think their counseling sessions aren’t effective. They know such are very effective. I have a cousin in Hungary. He was raised in the communist oppression in a non-communist family. He had seen first-hand the suffering that

comes on those who don’t join the party. Still, the time came when, as a young adult, he was required to attend a special training. He came back proudly converted to Communism. Fortunately, he came back to the same suffering household. They could point to him the lies of the Communists, recall what their family had suffered. He came out of it. Who knows, maybe the future total police state has learned something, and their converts won’t be allowed to return to their homes. They might just assign their converts to work at some post away from a God-fearing family.

In their own way, the Priests of Hermes are going down this road in Montana.

What is One to Do?

God has not left us without treatment for illnesses:

14 He causeth the grass to grow for the cattle, and herb for the service of man: that he may bring forth food out of the earth;

Psalm 104:14

There are many answers to health problems. Many naturopathic solutions are known that western medicine does not have an answer for. I also believe most of the naturopathic solutions are more pleasant to undergo than western medicine alternatives.

Part of the key, is in educating yourself in good personal health care; you’ll know how to deal with problems before they arise. Educate yourself as to the options available that are not under the oversight of the “Priests of Hermes”. There are practitioners who do live blood tests, who can be of great help. There are good reflexologists. There are good herbalists and homeopaths. There are even doctors in other countries, such as Mexico or Israel who are possible alternative options. Actually, the cost for dentistry in Israel is about a third that of the American cost. It’s called medical tourism. These are possible options. One can’t ignore the need to check what the doctor is like, even across the border, but there are options.

GMOs and Other Wicked Ingredients

Another area of concern in the medical field, is its use of Genetically Modified Organisms (GMOs). This issue usually brings attention in the arena of food, however, it is also having a significant impact on drugs. Though many researchers undoubtedly feel they are helping humanity in pioneering research, they are walking on dangerous ground in creating new genetically modified organisms. Since it has the appearance of helping humanity by creating some abundant supply of certain drugs, they press on in these creations.

There are medicines created from plants that have been genetically tampered with, such as the Safflower, that has been specially developed to produce insulin for medical usage.

A major concern here comes to a blatant violation of God's Word. In the beginning God created all life. He looked at it and gave the command for it to reproduce after its own kind:

11 And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so...

24 And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so. 25 And God made the beast of the earth after his kind, and cattle after their kind, and every thing that creepeth upon the earth after his kind: and God saw that it was good.

Genesis 1:11, 24-25

Realize the Creator has the right to limit the use of His own creations. When the King gives the order for each and every kind to reproduce *after their own kind*, that is a throne-room command to not tamper by taking the genetic coding from one species and mixing it with another, which is what a lot, if not all, GMO developments are doing.

GMO creations spit in the face of God, challenging the following verses:
3 All things were made by him; and

without him was not any thing made that was made.

John 1:3

3 Through faith we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear.

Hebrews 11:3

This verse from Hebrews is attacked with new GMO creations. The new creations are made of things "which do appear."

Consider the implication in the following verse AGAINST God's glory with NEW creations come lately of mankind:

6 And sware by him that liveth for ever and ever, who created heaven, and the things that therein are, and the earth, and the things that therein are, and the sea, and the things which are therein, that there should be time no longer:

Revelation 10:6

Other wicked ingredients in our medical supplies can be found in certain inoculations. Some have their origin in aborted children. In the same line, they have added gene material from humans into sugar cane. That line of sugar cane has not been introduced into our food supply yet, but consider the following with both the inoculation and the GMO sugar cane:

When a worker at a hotdog manufacturing plant loses a finger in the machinery, they issue a recall. There may be 10,000 cases of hotdogs with just one little finger mixed in, yet they issue a recall for the whole batch, and we are very glad. If we knew that a batch of hotdogs had ground up human parts in it, we would refuse to eat any of it. That would be cannibalism! But now we hear that they have taken a part of a human and mixed it with the GMO cane sugar. At what point do we refuse to eat it? Do we reason that if the finger of the worker had been mixed into 100,000 cases of hotdogs, then all is well, go ahead and eat? It is such a situation we are facing with GMO pharmaceuticals and inoculations.

Source of Research Information

On an old radio drama, the writers posed the situation of a colony on Mars. The colony was conducting human experimentation. They gained a good deal of medical knowledge from their victims. A group of nuns came along and were the recipients of this knowledge. They then had to consider the moral implication of, "Is such knowledge, gained through wicked means, something we can morally keep and use?" They ultimately concluded that such cannot be kept with God's blessing. It was gained in an accursed manner, so had to be discarded as accursed. Wow! Such philosophy today would be laughed at, even ridiculed and scorned!

Though such may appear the object of a science-fiction flick, it is too true to reality. After World War II, America came into the possession of similar medical research documents. They did not destroy them, they chose to glean these records for their own medical knowledge and advancement. Such research lies at the roots of the modern allopathic medical treatments. We find further progression in this line in the war on the use of aborted children's stem-cells.

Happy to Have Insurance

Someone told me he was very happy to have had insurance for he had to go in for surgery to the tune of \$50,000, but it only cost him \$400 out-of-pocket. I must say, this is excellent insurance coverage. Nevertheless, I would like to pose something else to consider. This individual has never eaten with the considerations naturopathic health would raise. Of course, when the doctor said to cut salt from his diet, he did that kind of dietary change. Eventually, a serious health problem comes along and he follows the path he has all his life. Go to the "Priest of Hermes" and do what he says. My thought, if he started learning about natural medicine years prior

and followed it, he most likely would have never ended up in the position where he needed the surgery. Also, consider that he never got counsel from a natural medicine physician as to what course he would recommend. He took counsel from "Priests of Hermes", all trained in the same schools of thought, surgery always a primary solution. It looked like the "professionals" knew the only way to properly deal with it was surgery. Now mind you, after so many years of wrong diet, at the final point of crises, surgery may be the only option, but if a lifetime of dietary care had been followed, or even just a few years, the outcome might have ended with no surgery necessary.

At this point, I think it would be good to consider the "crazy woman downtown". Years ago, there was a woman by the name of Ann Wigmore. She was into the natural use of sprouts in health. [She died at 84, one month before her 85th birthday, due to a fire.]

She formed a clinic she called The Ann Wigmore Foundation and later co-founded the Hippocrates Health Institute.

At this point I need to make a short comment on Hippocrates. He was a physician who thought through moral principals in being a doctor. In his original oath, it is only the pagan gods Hippocrates swore to that was bad, not the principals of just treatment of one's patients. Based on this desire to treat patients properly, Hippocrates himself is a good name to hold in honor. To name an institute after Hippocrates is not the same as taking an oath to pagan gods.

Anyway, the MDs would treat their patients, who were sick with cancer or some such fatal sickness. They would reach the point of telling their patients they have only about a week or two to live. Once the patients reached this stage, some would ask if it would hurt to try the "crazy woman downtown". The doctors said, "You're about to die. You have nothing to lose. I have nothing more to offer you."

So Wigmore would have some brought to her on stretchers, they were so far gone. She would begin their treatments. She could not save all for they came in so late, but she

did save many! Even at the last legs of an illness, the course of events can be changed by seeking natural means.

Wigmore has passed away, but her work continues. After her death, two of the clinic workers continued their own clinics. The Hippocrates in Florida has unfortunately added holistic occult stuff to it, but the other moved the clinic to New Mexico, still called The Ann Wigmore Foundation, and, as far as I can tell, follows the original methods of Mrs. Wigmore. If nothing else, her books, telling of her methods are still available.

The Emergency Situation

Say you, or your loved one, is injured in a car accident. They want to haul you off in the ambulance. What now?

First, you need to remember you have every right to demand the physician of your choice. Say the naturopath you trust is not a legal practitioner in the state you happen to be in. Request a transfer to where you can be treated by him or her. Of course, differing circumstances will necessitate different possible actions. No one could plan for every possibility, but let's consider a few more options.

Since many laws in the states forbid practitioners from utilizing certain necessary procedures, unless they are licensed allopaths, we find ourselves at the mercy of the western "witch doctors" for certain medical treatments, such as some necessary x-rays or even some life-saving surgery. There was a time when the doctors were not the ones to even do the surgery. It was considered beneath them.

As for now, you may find yourself in the position of being taken where "Priests of Hermes" are surrounding you. They have legal provision to be the only ones to allow you to get certain necessary treatments. In ordinary business, such is called a "monopoly". Just like you might find yourself in the hands of a witch doctor, if you got injured in parts of Africa, so you may find yourself in America today. In Africa, you would eagerly welcome the helpful herb the witch

doctor would offer. He may even apply some helpful poultice, but you would refuse to accept his wailing dance and sacrificed chicken to bring healing. As for the western version, you would accept his surgical skills or x-rays to see what's wrong, but you would be very cautious of his "*pharmakeia*" and especially cautious if you perceived you weren't of enough value in his financial books to warrant the public's expenses (under national health care).

Insurance Responsibility

There are those who condemn people who don't buy health insurance. Apart from the issue that such insurance may only pay for Priests of Hermes, there is another concern.

Remember the woman who was so poor all she had was two small coins? Jesus was watching how the people were throwing in their offerings in the temple. He commented that this particular woman had given more than all the other wealthy donors, for she had given all she had:

41 And Jesus sat over against the treasury, and beheld how the people cast money into the treasury: and many that were rich cast in much. 42 And there came a certain poor widow, and she threw in two mites, which make a farthing. 43 And he called unto him his disciples, and saith unto them, Verily I say unto you, That this poor widow hath cast more in, than all they which have cast into the treasury: 44 For all they did cast in of their abundance; but she of her want did cast in all that she had, even all her living.

Mark 12:41-44

Jesus praised her, He didn't condemn her. Those people who condemn a person for not having health insurance have to condemn this woman and Jesus. You see, if Jesus held the view of these criticizing the uninsured, He would not have praised her. He would have said that she did not do wisely. She gave ALL she had. She had two coins. Do you see? She could have put one of those coins away in a bank for some unforeseen medical emergency (they did have financial

investment services back in those days, Jesus made reference to it in one of his parables – Matthew 25:27). After all, shouldn't she have been considerate of her relatives, and possibly leaving them with the need to cough up the help? She could have put the one coin away and still have given half of "all that she had" to the Lord's work. Jesus didn't think this way. He praised her, thereby condemning all those who follow that other philosophy.

Missionary Diligence

I remember reading the biography of a missionary from Canada. He was the son of the owners of what was the largest newspaper chain in Canada. He was a man who came from no poor background. When back on leave in Canada he faced a medical emergency. He was prescribed the need for a life-saving surgery. He refused. The biographer didn't know the reason for the refusal, but the missionary went into a prayer closet for three days and battled his way through this life-threatening situation. He came out the victor. He was healed.

I'm not saying God will always heal in such a miraculous way, but it's certainly not unknown. Whatever our reason for the choice of the medical treatment we choose, or choose to refuse, we need to know we are not alone. God is observing if we will do what is right, whether we choose some tainted treatment to save our skin or risk the loss of our life because we can't morally accept the tainted offered help.

Maybe the help offered isn't tainted, but we have some other reason to refuse, God is with us in this. If we seek His face, He will guide us in the path we should take. Just be careful in the decision making process. Remember, there is peer pressure from family and those "Priests of Hermes". The ones dressed in the special priest garments – white medical coats with a stethoscope hanging from their necks.

Cultic Blindness

Don't expect a Priest of Hermes to understand your disagreement with

him. They are part of a system they have chosen to train and be initiated into.

Consider that someone, who is part of a cult, doesn't see the blindness of what they have joined. They are sure they are walking in the light. They are sure you are the blind one. Likewise, the Priests of Hermes will be convinced they are walking in the way of science, as surely as those propounding evolution are convinced they have science behind them. They may never see, and think you a fool, but don't let the cultically blind convince you by "supposed" science that they are the emissaries of light.

Low Fat Diets (Die with a T)

1 Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils; 2 Speaking lies in hypocrisy; having their conscience seared with a hot iron; 3 Forbidding to marry, and commanding to abstain from meats, which God hath created to be received with thanksgiving of them which believe and know the truth.

1 Timothy 4:1-3

20 O Timothy, keep that which is committed to thy trust, avoiding profane and vain babblings, and oppositions of science falsely so called:

1 Timothy 6:20

The Scripture warns that in the last days there will come those who will be "commanding to abstain from meats". Today we see this coupled with what they call science, but "falsely so called".

The modern health industry is a champion for this. They push new diets they claim are "good for your heart". I picked up on these and went for a "low-fat diet". Though I didn't realize how serious it was getting, I was close to death. Sometime before I reached a dangerous level, I had been to a naturopathic doctor who said my diet was great. (Not all naturopathic doctors are good.) I continued to get weaker, until one day I found I could barely make it from the kitchen table to the sink. I just didn't have the energy. I had suffered a number of health problems; knee went out of joint, etc. From the

day I staggered across the kitchen, I took a look at myself and realized I was little more than a walking skeleton. I had some muscle, for I had an exercise program, but it was just enough to do the program. When I looked at my legs with new eyes, I was scared. I was afraid my enlightenment may be too late. If my muscle structure had deteriorated that much, how was my cardiac system?

I asked my wife to pray. What was I to do? I had followed what modern medicine was telling me. The naturopath was impressed with my diet. He had some concerns about my health, but wasn't able to pinpoint any real alarms. The doctor didn't know, the published health advice is what had gotten me in this condition. What was I to do?

We prayed and believe the Lord gave two simple instructions: Eat more carbohydrates and red meat. I started eating a lot of steak and potatoes. In a week, I had noted an increase in strength. Not a lot, but sufficient to have hope. After three weeks, I felt I was out of the life-threatening stage. I needed to continue eating a regular amount of red-meat to keep on the upswing. I eventually started adding sprouts to my daily regimen. It literally took years to recover from the damage caused by a low-fat diet of about two years. Beware of "science falsely so called".

Iodine, the Maligned Chemical Element

I could cover a host of beneficial health substances, such as Aloe Vera, but I am choosing to cover one, very important, chemical element. An imbalance in any nutrient, mineral or chemical element spells disorder in our bodies. Each person's diet will spell out their particular risks, but one of the chief problems I have become aware of is something absolutely, rabidly assaulted by Priests of Hermes, that is the need for iodine.

Many Priests of Hermes will tell you the American diet is adequate in iodine because of iodized salt. There are numerous problems with their theory. A test conducted in a portion of the midwest, found approximately 80

percent of the people deficient in iodine. Even in the face of such tests, there are Priests of Hermes who say there is no one deficient in the U.S. today.

There is plenty of information online both for and against iodine usage. Very few people are highly sensitive to iodine, but those who are need to be cautious. Some, who condemn the supplementation of iodine at all, scream of the most hideous, painful death that will befall anyone who consumes anything near the amount the average Japanese (living in Japan) consumes in their daily diet. You can take the information or leave it. The choice is up to you. Personally, my wife, myself and my adult daughter have been taking a "Lugol's" solution of 2 percent. We started with 2 drops daily and gradually increased the dosage over about a month. My daughter reached 16 drops and has maintained at that level for 4 months so far. After a month at 16 drops daily, my wife and I increased to 20 daily. We have both been taking that for three months (at the time of this writing). Apart from relatively minor detoxification symptoms, we have been doing fine. Even at that level, we are just below the average daily intake the average Japanese consumes in their regular diet.

We have seen many health improvements, some as soon as three days after starting to take it. My hair is even going less gray and my mom stopped losing a large amount of hair she was combing out daily. She is taking a very low level, yet rejoiced to see such a benefit. Marital relationships could also see a boon from the benefits. I'll leave that for you to judge.

There is a way to know when you have replenished your body with iodine and can reduce your intake. One writer described it as reaching a sudden "ping" of feeling like you have plenty of energy and ready to go.

There is a reason I feel iodine is so critical at this time. From my research, I hold the distinct suspicion that much of the cancer epidemic is due to low iodine levels. Iodine is supposed to be in every cell in our bodies. Breast tissue is supposed to be saturated with iodine. Consider the Japanese level of breast cancer. In the World Health Organization statistics, Japan rated at the lowest

level of breast cancer. The same with heart disease, of which iodine is a major strengthener of the cardiac system.

I did further research and found Iceland is the worst for breast cancer. I wondered, "Since they are a fish and seafood eating society, how could this be so?" Upon further research, I found the younger women have abandoned the older generation's habit of eating plenty of seafood. They are actually falling below the recommended daily values and have seen a skyrocketing of the cancer.

One more item on the iodine issue. West Nile Virus cannot survive for long in the presence of iodine. It's lethal to it. Considering that iodine is found in every cell of the body, having sufficient iodine would tend to act as a natural protection from getting this from mosquitoes. What's more, some believe West Nile virus might have originated in Japan. They have plenty of mosquito-friendly rice fields. From what I can find, however West Nile Virus hasn't had much of an effect on Japan. In fact, when searching online, I couldn't actually find any listed victims in Japan while I did find them in Taiwan. Even if a country is on a sea, unless they are a high seafood consuming country, they see their fair share of West Nile Virus. In fact, a drop of iodine on the skin, immediately after being bit by an infected mosquito, kills the virus.

The iodine in our bodies can easily be replaced by bromine, and other harmful elements. Such will be nesting grounds for future disease. When we start taking iodine, at high enough levels to resaturate our bodies, the harmful elements will be forced out and enter our system. This outflow of the toxins will result in feeling sick in quite a few ways. Fortunately for my family, we didn't start taking the iodine until after we had been detoxifying for about two years. If we started without previous detoxification, no doubt our suffering would have produced more severe unpleasantries.

I do believe that if the average American began with a Lugol's Solution (iodine/iodide - important proper balance for proper utilization), in short order they would see the plaguing health problems in this country drastically diminish.

Direction From Here

Quite often, the "references" section at the end of a document is skipped over. If you have read this far, I hope you will not skip this section. I have created this for help in preparing for your future health care needs.

Nobody can speak for the path another should take in health care, though the state may think otherwise.

If you are a Christian, your body is the temple of God (1 Corinthians 3:16-17). You have a responsibility to take care of it in a godly manner. Your choices should be based upon obedience to Scripture.

Neither your neighbor, nor the state, has God-given authority to override these facts. The state has the God-given power to quarantine, as seen in the leprosy laws of the Torah (Leviticus 13:45-46), but it does not have the authority to tell you what treatments you may or should take. Any demands from the state would exceed their jurisdiction. Such is a matter of tyranny.

Most certainly, the state does not have the authority to demand you take counseling sessions of any particular religious system or belief. One of which is the so-called, "psychology" or "psychiatry". Psychology is a religious system with its foundation of how man has psychologically evolved. It's a system on their false doctrine of "no original sin". Its false blame for sin and its false answers for how to eradicate the problem of sin. Its false answers for how to save oneself. All the answers to these are religious in nature. Psychology has its own system of answers.

Even so-called "Christian psychology" claims the trump on Scripture. It boasts it is the proper way to equip the man or woman of God for being perfectly furnished unto ALL good works. It claims the professional trained in "Christian psychology" is needed to meet that bill. Do not fall for it. Scripture has the final word on that and it is:

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for

correction, for instruction in righteousness: 17 That the man of God may be perfect, thoroughly furnished unto all good works.

2 Timothy 3:16-17

REFERENCES:

- **From Healthcare to Holocaust** online at www.thenewamerican.com; Nov. 24, 2012 by Michael Tennant
 - **Dr. Scott A. Johnson series:** Sept. 2008 - Pharmakeia/Sorcery/Drugs - 4 part series at [www.contendingfortruth.com](http://contendingfortruth.com) (*I cannot recommend this website for a lot of its contents, but this series forms a very good foundation for understanding the rise of the modern pharmaceutical industry from Nazi Germany - IG Farben; IG Bayer; etc. - and the influence of the drug industries in the American medical training universities.*)
 - **Weston A. Price Foundation** at www.westonaprice.org. Provides a very good source for learning more about many health issues such as raw milk products and the importance of avoiding soy based foods.
 - **Responsible Technology** at www.ResponsibleTechnology.org that provides a lot of documentation on the dangers of genetically modified organisms.
 - **The Silent Epidemic of Iodine Deficiency** (Oct. 2011). Life Extension Magazine report online at http://www.lef.org/magazine/mag2011/oct2011_The-Silent-Epidemic-of-Iodine-Deficiency_01.htm
 - **Joey Faust's audio messages.** Sermon Audio online at www.sermonaudio.com. There are two very important sermons he preached on health issues. The first is about hospices entitled *Hospice Hell*. A must-listen-to before having any involvement with a hospice. The second message is *Organ Snatchers*. Don't donate your body parts until you have listened to this. These are the two-parts of a series he preached entitled *Nazi Death Culture Arises*.
 - **Books by Juliette de Bairacli Levy.** She was a natural veterinarian who studied the veterinary treatments in a number of different cultures world-wide. The treatment methods she learned also have a great deal for human use, as detailed in her books. Her favorite herb of use was rosemary. We have used it for many needs and seen it work wonders, both for people and animals.
- The following is a list of sources for important information. There are many books on health that simply repeat the other books. They tend to cover the basic information and neglect the hard-core serious health needs. You can read forever and never find the critical information you are looking for. After reading quite a few books on the natural perspective, I would recommend the following to find important information that won't be a waste of your time or money. The Ann Wigmore books are simple, but lay out a very effective system in few words:**
- **The Ann Wigmore Foundation** at www.annwigmorefoundation.org. Her books are well worth reading.
 - **Heinerman's Encyclopedia series** published by Reward Books, Parker Publishing Company. The author, John Heinerman, is a medical anthropologist. He has written a number of good books in the encyclopedia series. They are well worth reading, however, I must warn they are written from a Mormon perspective. The medical information is very extensive.

RECOMMENDED ITEMS FOR HEALTH:

If I was only allowed to have three plant sources for emergency use, I would choose rosemary, aloe vera (burns and dental rinses primarily) and juniper berries. Learn the FULL USE of these three well and you will have a powerhouse for help at your fingertips.

If I could add six more to that, they would be onions, banana peels, coriander seed, non-pasteurized (with the mother) apple cider vinegar, coconut oil (organic) and regular black tea (in bags for hot topical applications).

For an essential oil, lavender would be my rather-not-live-without choice.

Three other non-plant items of importance would be: Colloidal silver (not all brands are of equal value, I recommend Invive 5000 from International Pharmaceuticals out of Winnipeg, Manitoba, Canada); stabilized liquid oxygen (my brand of choice is Dr. LaMar's Liquid Stabilized Oxygen) and then Lugol's Solution for the iodine/iodide mixture.

^tDictionary of Cults, Sects, Religions and the Occult, by George A. Mather, Alvin J. Schmidt and Larry A. Nichols.